



The Sequoia



BULLETIN OF SEQUOIA AUDUBON SOCIETY

Volume 19, No. 10

June 1970

Sequoia Audubon Society is a branch of National Audubon Society. Its purpose is to enjoy and safeguard the wildlife of the Bay Area. All interested persons are welcomed at field trips, bird walks and monthly general meetings. President, Dr. Howard Gurevitz, 1505 Oak Rim Dr., Hillsborough 347-0912. Editor, Mr. J. L. Morrill, 505 Costa Rica Ave., San Mateo, 344-5497.

MEETINGS

- June 4
Thursday
8:00 PM BOARD MEETING at the home of President Howard Gurevitz, 1505 Oak Rim-Drive, Hillsborough. This is the last meeting of the season, and all Board members and committee chairmen should attend. Other members are welcome.
- June 11
Thursday
6:30 PM POTLUCK SUPPER at ROOSEVELT SCHOOL, at Broadway and Vancouver Ave. in Burlingame. Please call one of the members of the Social Committee to let them know what you will bring.
Mrs. Amy McElhany 343-3219
Mrs. Bonnie McClellan 344-3486
- June 11
Thursday
8:00 PM REGULAR MEETING, the last of the season, at ROOSEVELT SCHOOL, Burlingame (address above). Two outstanding color films will comprise the program: "WILD WINGS", produced in England in association with the Wildfowl Trust, provides a rare look at many species of wildfowl which have seldom if ever been photographed with such clarity and beauty: "SO LITTLE TIME", produced for the Bureau of Sport Fisheries and Wildlife, views life in the marsh and along flyways imperilled by drainage, fill, and pollution. Intimate glimpses are shown of the small worlds of muskrat, otter, skunk, beaver, wading birds, and even bear and cougar.

PLEASE NOTE: A NEW LOCATION FOR THIS MONTH'S POTLUCK AND MEETING.

FIELD TRIPS

(Chairman: Jean Jones 344-9339)

- June 6
Saturday
9:00 AM HOOVER NATURE TRAIL, Burlingame
LEADERS: Jed McClellan (344-3486) and Monty Montgomery (344-4249)
MEETING PLACE: Meet at Hoover School, at the end of Easton Drive, Burlingame. (At junction with Summit Drive).
This will be a morning walk through the trail developed and staked by Jed and Monty for the use of Burlingame school children.
- June 13
Saturday
9:00 AM POINT REYES - BEAR VALLEY TRAILS
LEADER: Florence Richardson (345-4443)
PLACE: Meet at the Point Reyes National Seashore Headquarters on Bear Valley Road, about one mile west of Olema. We will observe land birds and wildflowers on the trails. Bring lunch and wear walking shoes.

MANY THANKS: To all who have contributed their time and talents in leading all the wonderful trips this year. Please be considering possible areas for leading a trip next season.

Jean Jones, Field Trip Chairman

FIELD TRIP REPORTS

SUNOL VALLEY REGIONAL PARK - April 18

The weather was perfect, and a large group of enthusiastic birders arrived at the early hour of 7:30 at the Sunol Water Temple. We watched the White-throated Swifts at their acrobatics, and the Violet-green and Rough-winged Swallows. Nearing the Sunol Regional Park we stopped to watch the Yellow-billed Magpies which were nesting in the top of a tall oak, Bluebirds were flitting out for insects from the fences, as was also the Western Kingbird. Within the park many Acorn Woodpeckers and Yellow-billed Magpies were busy at their couring and household duties. Bluebirds and Orioles were numerous. We enjoyed our lunch sitting together at the picnic tables. Later some of us sat on the grassy bank watching Bluebirds, Orioles and many other birds in the trees by the stream. Over 50 species were sighted.

Lillian Montgomery, Leader

"MYSTERY TRIP" - May 9

Our destination turned out to be the Monterey Bay area, where the 33 "gamblers" who risked their hard cash enjoyed a beautiful day, and attained a total count of over 75 species. Our first stop was at Moss Landing, where we spent an hour observing a good variety of bird life. We next visited the Hopkins Marine Biology Institute at Pacific Grove. One of the staff members, Mr. Baldrich, led us to the Point, where we watched a colony of Sea Otters, while Mr. Baldrich told us the history of this rare animal. We saw Tattlers and Black-legged Kittiwakes here, as well as loons, cormorants, scoters and other birds. After a picnic lunch in the park at Pacific Grove, where we saw Olive-sided flycatchers, Acorn Woodpeckers, and other birds, we toured the Seventeen Mile Drive, where we saw baby harbor seals, baby Sea Otters, and more birds, including a Black Oyster Catcher. All in all, everyone seemed to have an enjoyable day.

Jean Jones and Jack Morrill, Co-leaders.

CONSERVATION NOTES

HOUSEHOLD HINTS TO IMPROVE ENVIRONMENTAL QUALITY

SOAP AND SODA INSTEAD OF LAUNDRY DETERGENTS

Detergents contribute to eutrophication of water by phosphate pollution. The Audubon Leader, May 8, recommends switching to the soap and soda way of getting your laundry clean: First, rinse out all traces of old detergent by running clothes through the regular wash cycle, adding nothing to the water but 1/4 cup of washing soda (Arm & Hammer is best known brand); repeat until the water is sudsless. Then wash clothes in the following manner: Put clothes in first, then add the water. Put 1/4 to 1/3 cup of soda in and wait until it dissolves, then add soap (1-1/2 cups for front loading machines, 1-2/3 cups for top loaders). If this gives more than 2 inches of suds throughout the wash cycle, cut down on the soap. For very hard water, add 1/4 cup of soda to the first rinse. Washing soda and hot water cleans linoleum floors well.

Read "Phosphates, Putrefaction, and the Detergent Dilemma," page 108, in the May 1970 Audubon magazine.

Shaklee Products, manufactured locally, claims only a trace of phosphates in their cleaning products. Local distributors are listed in telephone directories.

RECYCLE NEWSPAPERS

The San Francisco Examiner has conducted a successful drive to salvage and recycle newspapers. For every 118 lbs. of bundled newspapers picked up, a tree is saved. If the effort could be extended to areas adjacent to San Francisco, a re-cycling plant would be built in the Bay Area. Ask your newspaper publisher to cooperate with the Examiner to bring this about. In the meantime, bundled newspapers may be dropped off at Holbrook-Palmer Park, 150 Watkins, Atherton.

COMPOST

Bury food scraps in your garden about 6" deep so they won't attract flies or dogs; they will decompose and fertilize the soil.

BOTTLES AND CANS

Buy bottled drinks in reusable returnable bottles. Write to National Soft Drink Association, 1128 16th St., N.W., Washington, D.C. 20036, to ask them to continue deposit bottles. Two local dairies (Piers and Peninsula) supply milk in round-trip glass bottles.

If you buy drinks in cans, buy them in aluminum cans (aluminum cans have rounded bottoms and no sideseams) and deposit empty cans at Co-op Market, 164 California, Palo Alto.

PLASTICS

Avoid disposable plastic packaging, plastic disposable drinking cups, etc. whenever possible. Take your own reusable coffee cup to meetings where coffee will be served in plastic cups.

MAKE RE-USE AND RE-CYCLING A HOUSEHOLD HABIT!

PROPOSED NATIONAL WILDLIFE REFUGE FUNDING

Congressman Paul McCloskey has co-authored a bill providing \$14.1 million for acquisition and development of the proposed 22,000 acre national wildlife refuge in the South San Francisco Bay, which has been assigned to the House Interior and Insular Affairs Committee. The acquisition funds would be appropriated at the rate of \$3 million each fiscal year from 1972 to 1974, and the development funds over a two-year period in 1975-76.

Public hearings on establishment of the refuge are expected to be held locally early this summer.

ANNUAL ELECTION

The Nominating Committee, headed by Jed McClellan, proposed the following slate of officers and directors for the 1970-71 year:

Pres.	Charles Newman	Directors:	Leroy Nelson
V.P.	Al Bergeron		Marian Lockwood
Sec.	Ed McElhany		Jack Morrill
Treas.	Cliff Daniels		

As there were no nominations from the floor, this slate was voted in by those present, and along with the retiring President, Howard Gurevitz, will serve as your officers for the coming year. Complete information regarding addresses, phone numbers and committee chairmen will be given in the September SEQUOIA bulletin.

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